

Thursday Night Training Ride

Dist: 23.08 Mi Ele: +1,089.24 ft

Distance At Turn	Go X Miles		Then Turn Onto
0.16	0.16	◀	L - South Broadway
0.24	0.08	▶	R - South Broadway, NY 22
0.36	0.12		Keep L - Armory Pl, NY 22
0.45	0.08		Keep R - North Westchester Ave West, NY 22
0.62	0.17	▲	Continue - North Broadway, NY 22
0.68	0.06	▲	Continue - North Broadway, NY 22
0.75	0.08		Keep R - North Broadway, NY 22
2.71	1.96	◀	L
2.71	0.00	◀	L - North Broadway, NY 22
2.74	0.03		Keep R - Mount Kisco Rd, NY 22

Leader: Bruce Wells

Cell: 914 361-9059

Distance At Turn	Go X Miles		Then Turn Onto
6.70	3.96	▲	Continue - King St, NY 22, NY 120
6.89	0.19		Keep L - King St, NY 120
7.07	0.19		Keep R - Whippoorwill Rd
8.32	1.25	▶	R - Whippoorwill Rd East
8.95	0.62	▲	Continue - Whippoorwill Rd East
9.60	0.66	◀	L - Armonk-Bedford Rd, NY 22
10.36	0.76	▶	R - North Greenwich Rd, NY 433
10.76	0.40		Keep L - North Greenwich Rd, NY 433
11.10	0.33		Keep R - Bedford Rd
12.94	1.84		Keep R - Locust Rd

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Distance At Turn	Go X Miles		Then Turn Onto
13.79	0.85	▶	R - King St, NY 120A
13.85	0.06	◀	L - Lake St, NY 120
15.23	1.38	◀	L - Purchase St, NY 120
17.02	1.78		Keep L - Pineview Circle
17.04	0.03		Sharp R - Cottage Ave
17.08	0.04		Slight L - Purchase St, NY 120
19.11	2.03	▶	R - Westchester Ave, CR 62
19.19	0.08		Keep L - Westchester Ave, CR 62
20.16	0.97	▲	Continue - Westchester Ave, CR 62
20.29	0.13	▲	Continue - Westchester Ave, CR 62
20.51	0.22		Keep L - North Westchester Ave West, CR 62

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Distance At Turn	Go X Miles		Then Turn Onto
20.68	0.17		Keep L - North Westchester Ave West, CR 62
21.59	0.91		Keep L - North Westchester Ave West, CR 62
21.73	0.14		Keep L - Westchester Ave, CR 62
21.88	0.15		Keep L - Westchester Ave, CR 62
22.31	0.43	▲	Continue - Westchester Ave, CR 71
22.62	0.31	◀	L - Paulding St
22.71	0.09	▶	R - Hiram St
22.76	0.05	◀	L - Hale Ave
22.90	0.14	▶	R - Maple Ave
22.93	0.03		Keep L - Maple Ave

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23.00	0.06	▲	Continue - Maple Ave

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