

# Tuesday Night Training Ride

Dist: 47.87 Mi Ele: +2,513.12 ft

Distance At Turn	Go X Miles	Then Turn Onto
0.07	0.07	◀ L - Waller Ave
0.13	0.06	▶ R - East Post Rd, NY 22
0.36	0.23	Keep L - Armory Pl, NY 22
0.44	0.08	Keep R - North Westchester Ave West, NY 22
0.61	0.17	▲ Continue - North Broadway, NY 22
0.67	0.06	▲ Continue - North Broadway, NY 22
0.75	0.08	Keep R - North Broadway, NY 22
2.73	1.98	Keep R - Mount Kisco Rd, NY 22
6.69	3.96	▲ Continue - King St, NY 22, NY 120

Leader: Ilona Miller

Cell: 917 831-8661

Distance At Turn	Go X Miles	Then Turn Onto
6.88	0.19	Keep L - King St, NY 120
7.07	0.19	Keep R - Whippoorwill Rd
10.48	3.42	◀ L - Whippoorwill Rd
11.07	0.59	Sharp L - Whippoorwill Rd
11.29	0.22	▲ Continue - Whippoorwill Rd
11.69	0.40	▶ R - Whippoorwill Rd
11.87	0.18	▶ R - Bedford Rd, NY 117
13.06	1.19	▲ Continue - Bedford Rd, NY 117
14.28	1.22	Keep R
14.35	0.07	▲ Continue - S Bedford Rd, NY 172
15.38	1.03	▲ Continue - S Bedford Rd, NY 172
17.10	1.72	▲ Continue - S Bedford Rd, NY 172

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Distance At Turn	Go X Miles	Then Turn Onto
18.14	1.04	◀ L - Old Post Rd, NY 22, NY 172
19.15	1.01	Keep L - Old Post Rd, NY 22
19.50	0.35	Keep R - Cantitoe St, NY 22
19.53	0.03	Keep R - RT 121, NY 121
21.26	1.74	Sharp R - Stone Hill Rd
23.11	1.85	▲ Continue - Stone Hill Rd, NY 137
24.09	0.98	Keep R - NY 137
24.30	0.21	Keep R - Westchester Ave
24.37	0.07	Slight R - Pound Ridge Rd, NY 172
24.68	0.31	Keep L
24.80	0.11	Slight L - Pound Ridge Rd, NY 172

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Distance At Turn	Go X Miles	Then Turn Onto
24.96	0.16	Slight R - Pound Ridge Rd, NY 172
26.96	2.00	▲ Continue - Pound Ridge Rd, NY 172
27.37	0.41	▲ Continue - Pound Ridge Rd, NY 172
28.16	0.79	▲ Continue - Pound Ridge Rd, NY 172
35.13	6.98	◀ L - North Greenwich Rd, NY 433
35.54	0.40	Keep L - North Greenwich Rd, NY 433
35.87	0.33	Keep R - Bedford Rd
37.71	1.84	Keep R - Locust Rd
38.56	0.85	▶ R - King St, NY 120A

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Distance At Turn	Go X Miles		Then Turn Onto
38.62	0.06	◀	L - Lake St, NY 120
40.00	1.38	◀	L - Purchase St, NY 120
41.79	1.78	▲	Continue - Purchase St, NY 120
43.86	2.07	▶	R - Westchester Ave, CR 62
43.94	0.08		Keep L - Westchester Ave, CR 62
44.91	0.97	▲	Continue - Westchester Ave, CR 62
45.04	0.13	▲	Continue - Westchester Ave, CR 62
45.26	0.22		Keep L - North Westchester Ave West, CR 62
45.44	0.17		Keep L - North Westchester Ave West, CR 62

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Distance At Turn	Go X Miles		Then Turn Onto
46.35	0.91		Keep L - North Westchester Ave West, CR 62
46.48	0.14		Keep L - Westchester Ave, CR 62
46.63	0.15		Keep L - Westchester Ave, CR 62
47.06	0.43	▲	Continue - Westchester Ave, CR 71
47.37	0.31	◀	L - Paulding St
47.46	0.09	▶	R - Hiram St
47.51	0.05	◀	L - Hale Ave
47.65	0.14	▶	R - Maple Ave
47.69	0.03		Keep L - Maple Ave
47.75	0.06	▲	Continue - Maple Ave
47.85	0.10		Sharp R

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Distance At Turn	Go X Miles		Then Turn Onto
47.87	0.02	▶	R

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