

# Thursday Night Training Ride

Dist: 34.49 Mi Ele: +1,824.15 ft

Distance At Turn	Go X Miles		Then Turn Onto
0.07	0.07	◀	L - Waller Ave
0.13	0.06	▶	R - East Post Rd, NY 22
0.36	0.23		Keep L - Armory Pl, NY 22
0.44	0.08		Keep R - North Westchester Ave West, NY 22
0.61	0.17	▲	Continue - North Broadway, NY 22
0.67	0.06	▲	Continue - North Broadway, NY 22
0.75	0.08		Keep R - North Broadway, NY 22
2.73	1.98		Keep R - Mount Kisco Rd, NY 22
6.69	3.96	▲	Continue - King St, NY 22, NY 120

Distance At Turn	Go X Miles		Then Turn Onto
6.88	0.19		Keep L - King St, NY 120
7.07	0.19		Keep R - Whippoorwill Rd
10.48	3.42	◀	L - Whippoorwill Rd
11.07	0.59		Sharp L - Whippoorwill Rd
11.29	0.22	▲	Continue - Whippoorwill Rd
11.69	0.40	▶	R - Whippoorwill Rd
11.87	0.18	▶	R - Bedford Rd, NY 117
13.06	1.19	▲	Continue - Bedford Rd, NY 117
14.28	1.22		Keep R
14.35	0.07	▲	Continue - S Bedford Rd, NY 172
15.38	1.03	▲	Continue - S Bedford Rd, NY 172
16.08	0.70	▶	R - Chestnut Ridge Rd

Leader: Bruce Wells

Cell: 914 361-9059

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Distance At Turn	Go X Miles		Then Turn Onto
18.02	1.94	▶	R - Chestnut Ridge Rd
18.88	0.86	▶	R - Bedford Rd, NY 22
21.75	2.87	◀	L - North Greenwich Rd, NY 433
22.15	0.40		Keep L - North Greenwich Rd, NY 433
22.48	0.33		Keep R - Bedford Rd
24.33	1.84		Keep R - Locust Rd
25.17	0.85	▶	R - King St, NY 120A
25.24	0.06	◀	L - Lake St, NY 120
26.62	1.38	◀	L - Purchase St, NY 120
28.40	1.78	▲	Continue - Purchase St, NY 120
30.47	2.07	▶	R - Westchester Ave, CR 62
30.56	0.08		Keep L - Westchester Ave, CR 62

Distance At Turn	Go X Miles		Then Turn Onto
31.52	0.97	▲	Continue - Westchester Ave, CR 62
31.66	0.13	▲	Continue - Westchester Ave, CR 62
31.88	0.22		Keep L - North Westchester Ave West, CR 62
32.05	0.17		Keep L - North Westchester Ave West, CR 62
32.96	0.91		Keep L - North Westchester Ave West, CR 62
33.10	0.14		Keep L - Westchester Ave, CR 62
33.25	0.15		Keep L - Westchester Ave, CR 62
33.67	0.43	▲	Continue - Westchester Ave, CR 71

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33.98	0.31	◀	L - Paulding St
34.08	0.09	▶	R - Hiram St
34.13	0.05	◀	L - Hale Ave
34.26	0.14	▶	R - Maple Ave
34.30	0.03		Keep L - Maple Ave
34.36	0.06	▲	Continue - Maple Ave
34.46	0.10		Sharp R
34.48	0.02	▶	R

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