

# Thursday Night Training Ride

Dist: 32.63 Mi Ele: +1,528.87 ft

Distance At Turn	Go X Miles	Then Turn Onto
0.07	0.07	◀ L - Waller Ave
0.13	0.06	▶ R - East Post Rd, NY 22
0.36	0.23	Keep L - Armory Pl, NY 22
0.44	0.08	Keep R - North Westchester Ave West, NY 22
0.61	0.17	▲ Continue - North Broadway, NY 22
0.67	0.06	▲ Continue - North Broadway, NY 22
0.75	0.08	Keep R - North Broadway, NY 22
2.73	1.98	Keep R - Mount Kisco Rd, NY 22
6.69	3.96	▲ Continue - King St, NY 22, NY 120

Distance At Turn	Go X Miles	Then Turn Onto
6.88	0.19	Keep L - King St, NY 120
7.07	0.19	Keep R - Whippoorwill Rd
10.48	3.42	◀ L - Whippoorwill Rd
11.07	0.59	Sharp L - Whippoorwill Rd
11.29	0.22	▲ Continue - Whippoorwill Rd
11.69	0.40	▶ R - Whippoorwill Rd
11.87	0.18	▶ R - Bedford Rd, NY 117
13.06	1.19	▲ Continue - Bedford Rd, NY 117
13.66	0.60	▶ R - Lexington Ave
13.80	0.14	▲ Continue - Armonk Rd, NY 128
18.28	4.48	▲ Continue - Main St, NY 128
18.77	0.49	◀ L - Maple Ave
19.13	0.36	◀ L - Armonk-Bedford Rd, NY 22

Leader: Bruce Wells

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Distance At Turn	Go X Miles	Then Turn Onto
19.89	0.76	▶ R - North Greenwich Rd, NY 433
20.30	0.40	Keep L - North Greenwich Rd, NY 433
20.63	0.33	Keep R - Bedford Rd
22.47	1.84	Keep R - Locust Rd
23.32	0.85	▶ R - King St, NY 120A
23.38	0.06	◀ L - Lake St, NY 120
24.76	1.38	◀ L - Purchase St, NY 120
26.55	1.78	▲ Continue - Purchase St, NY 120
28.62	2.07	▶ R - Westchester Ave, CR 62
28.70	0.08	Keep L - Westchester Ave, CR 62
29.67	0.97	▲ Continue - Westchester Ave, CR 62

Distance At Turn	Go X Miles	Then Turn Onto
29.80	0.13	▲ Continue - Westchester Ave, CR 62
30.03	0.22	Keep L - North Westchester Ave West, CR 62
30.20	0.17	Keep L - North Westchester Ave West, CR 62
31.11	0.91	Keep L - North Westchester Ave West, CR 62
31.24	0.14	Keep L - Westchester Ave, CR 62
31.39	0.15	Keep L - Westchester Ave, CR 62
31.82	0.43	▲ Continue - Westchester Ave, CR 71
32.13	0.31	◀ L - Paulding St

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32.23	0.09	▶	R - Hiram St
32.27	0.05	◀	L - Hale Ave
32.41	0.14	▶	R - Maple Ave
32.45	0.03		Keep L - Maple Ave
32.51	0.06	▲	Continue - Maple Ave
32.61	0.10		Sharp R
32.63	0.02	▶	R

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