Thursday Night Training Ride

Dist: 36.69 Mi Ele: +2,060.37 ft

Distance At Turn	Go X Miles		Then Turn Onto
0.07	0.07	◀	L - Waller Ave
0.13	0.06	▶	R - East Post Rd, NY 22
0.36	0.23		Keep L - Armory Pl, NY 22
0.44	0.08		Keep R - North Westchester Ave West, NY 22
0.61	0.17	▲	Continue - North Broadway, NY 22
0.67	0.06	▲	Continue - North Broadway, NY 22
0.75	0.08		Keep R - North Broadway, NY 22
2.73	1.98		Keep R - Mount Kisco Rd, NY 22
6.69	3.96	▲	Continue - King St, NY 22, NY 120

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Distance At Turn	Go X Miles		Then Turn Onto
6.88	0.19		Keep L - King St, NY 120
7.07	0.19		Keep R - Whippoorwill Rd
10.48	3.42	◀	L - Whippoorwill Rd
11.07	0.59		Sharp L - Whippoorwill Rd
11.29	0.22	▲	Continue - Whippoorwill Rd
11.69	0.40	▶	R - Whippoorwill Rd
11.87	0.18	▶	R - Bedford Rd, NY 117
13.06	1.19	▲	Continue - Bedford Rd, NY 117
14.28	1.22		Keep R
14.35	0.07	▲	Continue - S Bedford Rd, NY 172
15.38	1.03	▲	Continue - S Bedford Rd, NY 172
17.10	1.72	▲	Continue - S Bedford Rd, NY 172

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Distance At Turn	Go X Miles		Then Turn Onto
18.14	1.04	▶	R - Old Post Rd, NY 22
23.95	5.81	◀	L - North Greenwich Rd, NY 433
24.35	0.40		Keep L - North Greenwich Rd, NY 433
24.68	0.33		Keep R - Bedford Rd
26.53	1.84		Keep R - Locust Rd
27.37	0.85	▶	R - King St, NY 120A
27.44	0.06	◀	L - Lake St, NY 120
28.82	1.38	◀	L - Purchase St, NY 120
30.60	1.78	▲	Continue - Purchase St, NY 120
32.67	2.07	▶	R - Westchester Ave, CR 62
32.76	0.08		Keep L - Westchester Ave, CR 62

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Distance At Turn	Go X Miles		Then Turn Onto
33.72	0.97	▲	Continue - Westchester Ave, CR 62
33.86	0.13	▲	Continue - Westchester Ave, CR 62
34.08	0.22		Keep L - North Westchester Ave West, CR 62
34.25	0.17		Keep L - North Westchester Ave West, CR 62
35.16	0.91		Keep L - North Westchester Ave West, CR 62
35.30	0.14		Keep L - Westchester Ave, CR 62
35.45	0.15		Keep L - Westchester Ave, CR 62
35.87	0.43	▲	Continue - Westchester Ave, CR 71

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Distance At Turn	Go X Miles		Then Turn Onto
36.18	0.31	◀	L - Paulding St
36.28	0.09	➢	R - Hiram St
36.33	0.05	◀	L - Hale Ave
36.46	0.14	➢	R - Maple Ave
36.50	0.03		Keep L - Maple Ave
36.56	0.06	▲	Continue - Maple Ave
36.66	0.10		Sharp R
36.68	0.02	➢	R

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