Thursday Night Training Ride

Dist: 47.87 Mi Ele: +2,513.12 ft

Distance At Turn	Go X Miles		Then Turn Onto
0.07	0.07	◀	L - Waller Ave
0.13	0.06	▶	R - East Post Rd, NY 22
0.36	0.23		Keep L - Armory Pl, NY 22
0.44	0.08		Keep R - North Westchester Ave West, NY 22
0.61	0.17	▲	Continue - North Broadway, NY 22
0.67	0.06	▲	Continue - North Broadway, NY 22
0.75	0.08		Keep R - North Broadway, NY 22
2.73	1.98		Keep R - Mount Kisco Rd, NY 22
6.69	3.96	▲	Continue - King St, NY 22, NY 120

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Distance At Turn	Go X Miles		Then Turn Onto
6.88	0.19		Keep L - King St, NY 120
7.07	0.19		Keep R - Whippoorwill Rd
10.48	3.42	◀	L - Whippoorwill Rd
11.07	0.59		Sharp L - Whippoorwill Rd
11.29	0.22	▲	Continue - Whippoorwill Rd
11.69	0.40	▶	R - Whippoorwill Rd
11.87	0.18	▶	R - Bedford Rd, NY 117
13.06	1.19	▲	Continue - Bedford Rd, NY 117
14.28	1.22		Keep R
14.35	0.07	▲	Continue - S Bedford Rd, NY 172
15.38	1.03	▲	Continue - S Bedford Rd, NY 172
17.10	1.72	▲	Continue - S Bedford Rd, NY 172

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Distance At Turn	Go X Miles		Then Turn Onto
18.14	1.04	◀	L - Old Post Rd, NY 22, NY 172
19.15	1.01		Keep L - Old Post Rd, NY 22
19.50	0.35		Keep R - Cantitoe St, NY 22
19.53	0.03		Keep R - RT 121, NY 121
21.26	1.74		Sharp R - Stone Hill Rd
23.11	1.85	▲	Continue - Stone Hill Rd, NY 137
24.09	0.98		Keep R - NY 137
24.31	0.21		Keep R - Westchester Ave
24.37	0.07		Slight R - Pound Ridge Rd, NY 172
24.68	0.31		Keep L
24.80	0.11		Slight L - Pound Ridge Rd, NY 172

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Distance At Turn	Go X Miles		Then Turn Onto
24.96	0.16		Slight R - Pound Ridge Rd, NY 172
26.96	2.00	▲	Continue - Pound Ridge Rd, NY 172
27.37	0.41	▲	Continue - Pound Ridge Rd, NY 172
28.16	0.79	▲	Continue - Pound Ridge Rd, NY 172
35.13	6.98	◀	L - North Greenwich Rd, NY 433
35.54	0.40		Keep L - North Greenwich Rd, NY 433
35.87	0.33		Keep R - Bedford Rd
37.71	1.84		Keep R - Locust Rd
38.56	0.85	▶	R - King St, NY 120A

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Distance At Turn	Go X Miles		Then Turn Onto
38.62	0.06	◀	L - Lake St, NY 120
40.00	1.38	◀	L - Purchase St, NY 120
41.79	1.78	▲	Continue - Purchase St, NY 120
43.86	2.07	▶	R - Westchester Ave, CR 62
43.94	0.08		Keep L - Westchester Ave, CR 62
44.91	0.97	▲	Continue - Westchester Ave, CR 62
45.04	0.13	▲	Continue - Westchester Ave, CR 62
45.26	0.22		Keep L - North Westchester Ave West, CR 62
45.44	0.17		Keep L - North Westchester Ave West, CR 62

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Distance At Turn	Go X Miles		Then Turn Onto
46.35	0.91		Keep L - North Westchester Ave West, CR 62
46.48	0.14		Keep L - Westchester Ave, CR 62
46.63	0.15		Keep L - Westchester Ave, CR 62
47.06	0.43	▲	Continue - Westchester Ave, CR 71
47.37	0.31	◀	L - Paulding St
47.46	0.09	▶	R - Hiram St
47.51	0.05	◀	L - Hale Ave
47.65	0.14	▶	R - Maple Ave
47.69	0.03		Keep L - Maple Ave
47.75	0.06	▲	Continue - Maple Ave
47.85	0.10		Sharp R

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Distance At Turn	Go X Miles		Then Turn Onto
47.87	0.02	▶	R

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