

# Thursday Night Training Ride

Mileage: 32.6 Elevation: 1528

Distance At Turn	Go X Miles		Then Turn Onto
0.00	0.00	★	Start of route
0.07	0.07	◀	L - Waller Ave
0.13	0.06	▶	R - East Post Rd, NY 22
0.36	0.23		Keep L - Armory Pl, NY 22
0.44	0.08		Keep R - North Westchester Ave West, NY 22
0.61	0.17	▲	Continue - North Broadway, NY 22
0.67	0.06	▲	Continue - North Broadway, NY 22
0.75	0.08		Keep R - North Broadway, NY 22
2.73	1.98		Keep R - Mount Kisco Rd, NY 22
6.69	3.96	▲	Continue - King St, NY 22, NY 120

Leader: Bruce Wells

Cell: 914262-3792

Distance At Turn	Go X Miles		Then Turn Onto
6.88	0.19		Keep L - King St, NY 120
7.07	0.19		Keep R - Whippoorwill Rd
10.48	3.41	◀	L - Whippoorwill Rd
11.07	0.59		Sharp L - Whippoorwill Rd
11.29	0.22	▲	Continue - Whippoorwill Rd
11.69	0.40	▶	R - Whippoorwill Rd
11.87	0.18	▶	R - Bedford Rd, NY 117
13.06	1.19	▲	Continue - Bedford Rd, NY 117
13.66	0.60	▶	R - Lexington Ave
13.80	0.14	▲	Continue - Armonk Rd, NY 128
18.28	4.48	▲	Continue - Main St, NY 128
18.77	0.49	◀	L - Maple Ave
19.13	0.36	◀	L - Armonk-Bedford Rd, NY 22

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Distance At Turn	Go X Miles		Then Turn Onto
19.89	0.76	▶	R - North Greenwich Rd, NY 433
20.30	0.41		Keep L - North Greenwich Rd, NY 433
20.63	0.33		Keep R - Bedford Rd
22.47	1.84		Keep R - Locust Rd
23.32	0.85	▶	R - King St, NY 120A
23.38	0.06	◀	L - Lake St, NY 120
24.76	1.38	◀	L - Purchase St, NY 120
26.55	1.79	▲	Continue - Purchase St, NY 120
28.62	2.07	▶	R - Westchester Ave, CR 62
28.70	0.08		Keep L - Westchester Ave, CR 62
29.67	0.97	▲	Continue - Westchester Ave, CR 62

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Distance At Turn	Go X Miles		Then Turn Onto
29.80	0.13	▲	Continue - Westchester Ave, CR 62
30.03	0.23		Keep L - North Westchester Ave West, CR 62
30.20	0.17		Keep L - North Westchester Ave West, CR 62
31.11	0.91		Keep L - North Westchester Ave West, CR 62
31.24	0.13		Keep L - Westchester Ave, CR 62
31.39	0.15		Keep L - Westchester Ave, CR 62
31.82	0.43	▲	Continue - Westchester Ave, CR 71
32.13	0.31	◀	L - Paulding St

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32.23	0.10	▶	R - Hiram St
32.27	0.04	◀	L - Hale Ave
32.41	0.14	▶	R - Maple Ave
32.45	0.04		Keep L - Maple Ave
32.51	0.06	▲	Continue - Maple Ave
32.61	0.10		Sharp R
32.63	0.02	▶	R
32.63	0.00	✕	End of route

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