

Thursday Night Training Ride

Dist: 55.58 Mi Ele: +2,962.60 ft

Distance At Turn	Go X Miles		Then Turn Onto
0.07	0.07	◀	L - Waller Ave
0.13	0.06	▶	R - East Post Rd, NY 22
0.36	0.23		Keep L - Armory Pl, NY 22
0.44	0.08		Keep R - North Westchester Ave West, NY 22
0.61	0.17	▲	Continue - North Broadway, NY 22
0.67	0.06	▲	Continue - North Broadway, NY 22
0.75	0.08		Keep R - North Broadway, NY 22
2.73	1.98		Keep R - Mount Kisco Rd, NY 22
6.69	3.96	▲	Continue - King St, NY 22, NY 120

Leader: Bruce Wells

Cell: 914 361-9059

Distance At Turn	Go X Miles		Then Turn Onto
6.88	0.19		Keep L - King St, NY 120
7.07	0.19		Keep R - Whippoorwill Rd
10.48	3.42	◀	L - Whippoorwill Rd
11.07	0.59		Sharp L - Whippoorwill Rd
11.29	0.22	▲	Continue - Whippoorwill Rd
11.69	0.40	▶	R - Whippoorwill Rd
11.87	0.18	▶	R - Bedford Rd, NY 117
13.06	1.19	▲	Continue - Bedford Rd, NY 117
14.28	1.22		Keep R
14.35	0.07	▲	Continue - S Bedford Rd, NY 172
15.38	1.03	▲	Continue - S Bedford Rd, NY 172
17.10	1.72	▲	Continue - S Bedford Rd, NY 172

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Distance At Turn	Go X Miles		Then Turn Onto
18.14	1.04	◀	L - Old Post Rd, NY 22, NY 172
19.15	1.01		Keep L - Old Post Rd, NY 22
19.50	0.35		Keep R - Cantitoe St, NY 22
19.53	0.03		Keep R - RT 121, NY 121
22.93	3.40		Slight R - RT 121, NY 121
24.21	1.28	▶	R - Cross River Rd, NY 35, NY 121
26.90	2.68	▶	R - Spring St, NY 124
27.24	0.34	▶	R - Pound Ridge Rd, NY 124
30.05	2.80		Keep L - RT 124, NY 124
32.03	1.98		Keep R - Westchester Ave
32.09	0.07		Slight R - Pound Ridge Rd, NY 172
32.27	0.18	▲	Continue - Pound Ridge Rd, NY 172

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Distance At Turn	Go X Miles		Then Turn Onto
32.39	0.13	▲	Continue - Pound Ridge Rd, NY 172
32.66	0.27		Slight R - Pound Ridge Rd, NY 172
34.66	2.00	▲	Continue - Pound Ridge Rd, NY 172
35.07	0.41	▲	Continue - Pound Ridge Rd, NY 172
35.86	0.79	▲	Continue - Pound Ridge Rd, NY 172
42.83	6.98	◀	L - North Greenwich Rd, NY 433
43.24	0.40		Keep L - North Greenwich Rd, NY 433
43.57	0.33		Keep R - Bedford Rd

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Distance At Turn	Go X Miles		Then Turn Onto
45.41	1.84		Keep R - Locust Rd
46.26	0.85	►	R - King St, NY 120A
46.32	0.06	◄	L - Lake St, NY 120
47.71	1.38	◄	L - Purchase St, NY 120
49.49	1.78	▲	Continue - Purchase St, NY 120
51.56	2.07	►	R - Westchester Ave, CR 62
51.64	0.08		Keep L - Westchester Ave, CR 62
52.61	0.97	▲	Continue - Westchester Ave, CR 62
52.74	0.13	▲	Continue - Westchester Ave, CR 62
52.97	0.22		Keep L - North Westchester Ave West, CR 62

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Distance At Turn	Go X Miles		Then Turn Onto
53.14	0.17		Keep L - North Westchester Ave West, CR 62
54.05	0.91		Keep L - North Westchester Ave West, CR 62
54.18	0.14		Keep L - Westchester Ave, CR 62
54.33	0.15		Keep L - Westchester Ave, CR 62
54.76	0.43	▲	Continue - Westchester Ave, CR 71
55.07	0.31	◄	L - Paulding St
55.17	0.09	►	R - Hiram St
55.21	0.05	◄	L - Hale Ave
55.35	0.14	►	R - Maple Ave
55.39	0.03		Keep L - Maple Ave

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Distance At Turn	Go X Miles		Then Turn Onto
55.45	0.06	▲	Continue - Maple Ave
55.55	0.10		Sharp R
55.57	0.02	►	R

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